

# Men, Trauma & PSYCHOSIS

## Men, Trauma & Psychosis - Supporting the Recovery Process

Many men who have suffered trauma such as sexual, physical or emotional abuse, respond to their experience by self-harming, hearing voices, or developing other psychiatric states as a way of trying to deal with the overwhelming feelings that their experience has left them with. Self-harm amongst men tends to be commonly seen with the abuse of alcohol or drugs, with many becoming dependent on substances. It is often difficult for workers, family members and friends to understand the connection between a person's presentation and their lived experience.

**This workshop will explore the relationship between the lived experience and the psychotic presentation.**

This workshop has been designed to help workers and people with lived experience to identify and explore the lived experience; understand behaviours associated with experience of trauma; support the person to accept themselves, to cope and live with their experience; enable the person to deal with overwhelming emotions associated with the experience; and to support the person to plan and move forward in their recovery.

**Date: Thursday 8th March 2012**

**Venue: O'Brien Centre, St Vincent's Hospital, 394-404 Victoria St Darlinghurst**

**Time: 9:00am - 4:30pm Cost: \$ 190 (waged) or \$95 (concession)**

## Supporting the Recovery Process

Registration form overleaf. Enquiries to 0435 348 168 or [info@insideoutconversations.com.au](mailto:info@insideoutconversations.com.au)



This Workshop is Presented By  
**inside out & associates australia**  
Working to Recovery Limited  
St Vincent's Inner City Health Program



Ron is a Mental Health Trainer and Consultant specialising in psychosis prevention and resolution. He has designed training packages to enable voice hearers to gain ascendancy over the negative aspects of the voice hearing experience. His own route to recovery, after spending 13 years in & out of the psychiatric system, has given him many insights into the many difficult issues facing today's mental health services. Ron has published several books including 'Politics of the Madhouse' and 'Recovery an Alien Concept?' and co-authored 'Working with Voices', 'Working to Recovery' and 'Reclaiming our Lives'.

**inside out & associates australia**  
PO Box 419, Springwood, NSW 2777  
ph: 0435 348 168  
ABN: 30 249 176 302

# inside out & associates australia

## event registration form

**workshop**

**Men, Trauma & Psychosis**  
Supporting the Recovery Process

**date / time**

Thursday 8th March 2012 time 9:00am - 4:30pm

**venue**

O'Brien Centre - St Vincent's Hospital

**full name**

\_\_\_\_\_

**mailing address**

\_\_\_\_\_

**suburb**

\_\_\_\_\_

**state / postcode**

state \_\_\_\_\_ postcode \_\_\_\_\_

**email**

\_\_\_\_\_

**work phone**

\_\_\_\_\_

**mobile phone**

\_\_\_\_\_

**role**

\_\_\_\_\_

**employer**

(if applicable)

\_\_\_\_\_

**payment**

Please find enclosed my cheque/money order for \$190 (or \$95 conc.)

I will pay by EFT to BSB: 012 836 Acct No: 248299624  
(please ensure you include your name with the deposit)

**e-list**

Please include me on your e-list to notify me of future events  Y  N

**lunch**

As it comes  Vegetarian  Other (please specify) \_\_\_\_\_

**Places are limited, please book early**

Enquiries to: [info@insideoutconversations.com.au](mailto:info@insideoutconversations.com.au) or phone: 0435 348 168

Please return registration forms and payment to:

**inside out & associates australia, PO Box 419, Springwood NSW 2777**

*inside out & associates australia*

**inside out & associates australia**  
PO Box 419  
Springwood  
NSW 2777

Phone: 0435 348 168

ABN: 30 249 176 302

